

THE CORRESPONDENT BY DISPATCH

VOLUME 1, ISSUE 6. JOHN HERSEY HIGH SCHOOL, MAR. 22, 2019

First Dance Marathon Makes a Big Impact For the Kids

BY CLAIRE DWYER



DANCE MARATHON GUESTS DANCE TO RAISE MONEY FOR LURIE'S CHILDREN'S HOSPITAL

PHOTO BY HANNAH GRAWE

The inaugural Dance Marathon was held on March 9 in the Carter Gym. The new school fundraiser, benefiting patients at Lurie Children's Hospital in Chicago, raised \$25,921.

The event was sponsored by SOS, partnered with the Children's Miracle Network. Money raised provides patients with cutting edge treatments and medical equipment and supports the many doctors, nurses, and researchers at Lurie's who provide high quality care to thousands of children annually.

For the inaugural event, students wore all white outfits including the program's "For The Kids" t-shirts. Health and PE classes learned dances to participate in throughout the night, in addition to a homecoming-like atmosphere complete with

a DJ. "It was very fun. It was similar to a school dance, but we are all there to support a common cause and it was just dancing the entire time," junior Lia Sommer said.

Although the dancing was the highlight of the event, other activities throughout the night included raffles, a lip sync battle of juniors against seniors, and a ten minute turbo. In addition, students heard stories from families that the Children's Miracle Network helps support through dance marathons.

Various teams even participated in a game of tug of war. "The tug of war was really fun because I got to participate with my teammates. It was a great team bonding activity," senior Claire Lutz said, who participated in the event with her water polo team.

In addition to these activities, teachers also participated in a contest to get "pied" during the event. Teachers who raised the most money were "pied". "It was good to see teachers also participating in the event and that they were really invested in it too," Sommer said.

Advisory Committee Allows Students a Voice

BY JOEY IVANOV

With every new school year comes new changes to the school, this year focused mainly on new security policy but one group has been hiding behind the shadows waiting for their spot in the sunlight.

The Administration Advisory Committee is made up of 12 students, the deans, and the principal. The goal of this committee is to connect students and administration in hopes of resolving concerns placed by students and making high school more enjoyable for everyone.

Senior Miglena Boshnakova paved the way for this committee to be created, "I heard that Wheeling was doing something like this where there's a student group and they are able to meet with the principal and the deans to try and make the school better." Boshnakova said. This committee was very important to Sisson because he created a similar committee at his old school which he found very effective.

Sisson raised the idea to the deans who were also very excited to give this opportunity

to students. "The kids feel part of something important, they feel like they have a voice, and they feel like they are apart of something that can make a difference." Dean Matt Norris said.

These kids act as representatives for all students and closely resemble the student body, "Ms. Korakakis and I sat down and handpicked 12 kids from all grades that come from all walks of life," Norris said.

These kids aren't from a selective group, the goal was to make up a fair representation of the student body. "It's a diverse group, there is someone for everyone who you can talk to, we are kind of like the advocates for the students." Boshnakova said. Their goal is to help students who have concerns or who are unhappy with a school related issue, who maybe don't have the courage to talk to administration themselves.

Junior Stephanie Modert is one of the 12 representatives on the committee, "I am a big part in the CLS community. I love working with the kids there and I not only try my best to give them what they deserve in a classic high school experience but to give my fellow classmates what they deserve and have a voice," said Modert. This group encompasses the ideas of all students and gives students their own voice.

"Some students have these great ideas, but they don't want to take the time to go to the administration so now we act as their voice." Boshnakova said. These concerns can be anything, the little things that students interact with everyday are just as important as more drastic issues.

The group has only met three times this school year since its creation, but still they are working hard on getting the word out to students. The morning announcements have begun advertising for the group. "The big thing we are talking about right now is the communication piece, what is the best way

THE HOWL

Hey Huskies! Want to learn more about our school's baseball program? The newest episode of The Howl, "[Eat, Sleep, and Breathe Baseball](#)," offers an inside look into the spring sport as senior Carter Zagorski interviews Head Coach Mr. Walter Brownley. Listen in as they discuss Mr. Brownley's life growing up while loving baseball, his experience winning an IHSA state championship while at Schaumburg HS, his time under the tutelage of the now-retired coach Bob Huber, the progress made last season in his first year as Head Coach, the expectations set for Hersey Baseball this spring, and more!

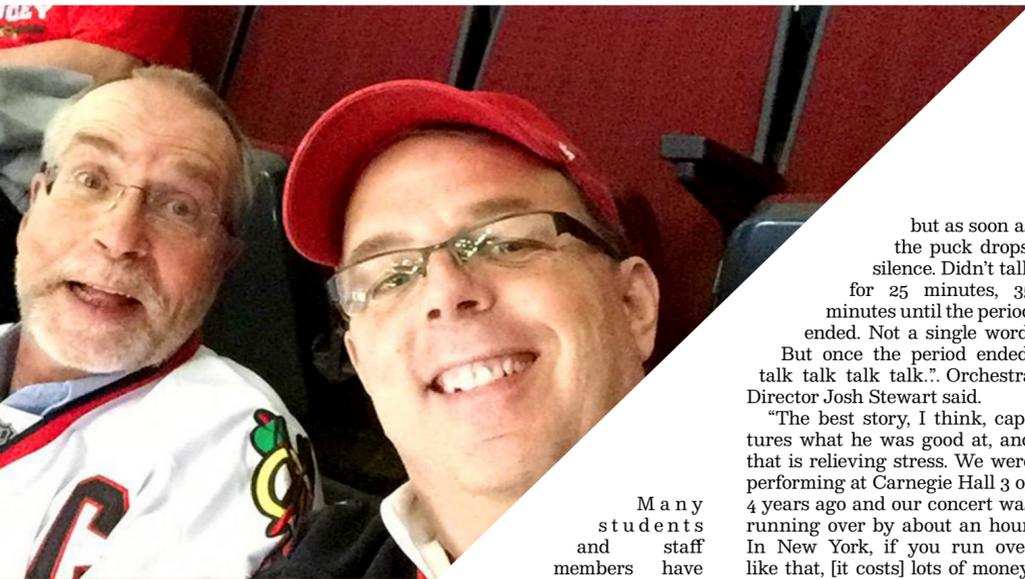
The podcast is available on all major platforms, including [Apple Podcasts](#) and [Spotify](#). Listen on your school iPad or personal device, subscribe to get notified about future episodes, and follow The Howl's [Twitter account](#)!

for us to get our information to you and vice versa," Norris said.

REPRESENTATIVES: MIGLENA BOSHNAKOVA, JOVANNA CASILLAS, JOE LEHMAN, STEPHANIE MODERT, JACOB MARTIN, RYAN MANTHY, EDDIE MARIN, DAVID SACCONI, NORAH VIERS, ELLIOT CARTER, KENNETH HAUGHTON, CAMERON BOWERS
EMAIL THEM AT JHHS_ADVISORY@D214.ORG

Hersey Mourns the Loss of Assistant Band Director, Tom Beckwith

BY CLAIRE DWYER & AMELIA ZOLLNER
CONTRIBUTIONS BY JAN BAUTISTA & STEPHANIE TANGORRA



ASSISTANT BAND DIR. TOM BECKWITH (LEFT) AND BAND DIR. SCOTT CASAGRANDE (RIGHT) AT A BLACKHAWKS GAME

Many students and staff members have noted Beckwith's positive impact on the Hersey community. "The resume that our band program has over the last 10 years is very long, and he was a huge part of all of that," Band Director Scott Casagrande said.

Beckwith's special bond with students included giving students unique nicknames. "He would call me 'Chef Shawn' for our Purdue Jazz Festival trip everyone was required to make a dish for dinner, I guess you could say mine was the best, since then I was known as Chef Shawn to Mr. B," senior Shawn Hiramatsu said. "He immediately connected with students. He always had subtitles, like 'Alex the Queen' or 'Nina my Little Friend' or 'the Hard Swingin' Luke Podvrsan'. They never had their name by themselves, it was always those tags that went with it," Casagrande said.

In addition to his sense of humor, Beckwith's love of the Blackhawks was evident to all in the Fine Arts Department. As an avid fan, Beckwith was known for being a proud season ticket holder.

Students and staff members have been sharing stories about Beckwith throughout the past few weeks. "Mr. Beckwith was a huge Blackhawks fan and he's also known for always talking all the time, always just chatting it up, never shutting up, to be honest. So, he takes me to a Hawks game with him and he's talking, he's talking,

but as soon as the puck drops, silence. Didn't talk for 25 minutes, 35 minutes until the period ended. Not a single word. But once the period ended, talk talk talk talk." Orchestra Director Josh Stewart said.

"The best story, I think, captures what he was good at, and that is relieving stress. We were performing at Carnegie Hall 3 or 4 years ago and our concert was running over by about an hour. In New York, if you run over like that, [it costs] lots of money, and they were saying about ten grand. The directors were really stressing out. A lot of the problem was not because of us, but because the stagehands move so slowly between the groups that that is what was delaying out concert. So, we're all standing there and Mr. Beckwith just walks up behind me and he says, 'Another big Blackhawk win tonight!' in the middle of all this stress. And it was just like somebody had popped a balloon, and we all laughed. Of course, he was in the back, completely oblivious to all the stress going on on stage and was focused on the Blackhawks' game while we were doing that," Casagrande said.

To celebrate Beckwith's life and his passion for the Blackhawks, band students donned Blackhawks jerseys and T-shirts on Feb. 19. "We all wore Blackhawks jersey on Tuesday and I wore Blackhawks buttons that the kids are going to wear on their uniforms. We are going to dedicate the Chicagoland Band Festival to him as well as any of the performances that we

are lucky to get into over the next year or so," Casagrande said.

In addition to this, students in Jazz 2 Ensemble pitched in to buy a Blackhawks jersey with Beckwith's name on it. "The Jazz 2 Ensemble decided that they would all chip in and buy a real Blackhawks sweater that has 52, the year he was born, and it says 'Beckwith' on the back. I am going to wear it or the new Jazz 2 director will wear it and they're all going to sign that. After that performance, we'll give it to his family," Casagrande said.

Students have also had the option to send messages to Beckwith's family. "We have huge sheets of butcher paper in the band room and the students have all been writing notes to his family," Casagrande noted, "There are too many things to fit into a sympathy card."

At rehearsals on Feb. 15, the band gathered together to talk about what had happened and share stories about how Mr. Beckwith impacted the band. "It was tough for the whole band, at first to cope we began spewing stories of our favorite Beckwith moments and stories, we later figured Mr. Beckwith would want us to continue playing, and continue his enthusiastic approach to music," Hiramatsu said.

"We will carry his legacy by continuing to be the great bands that he worked so hard to help us become," Hahn said.

CHECK OUT HOW THE EVENT WENT HERE!

VIDEO BY HANNAH GRAWE



PHOTO BY CLAIRE BAUERLE



PHOTOS BY HANNAH GRAWE

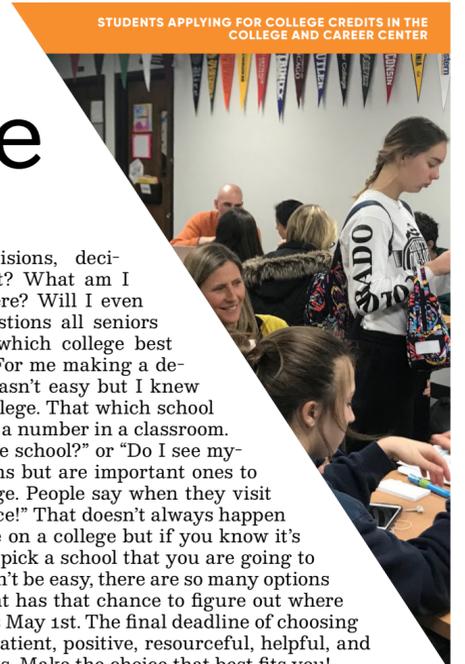
OPINIONS

Picking a College

BY TREY SCHMIDT

mmm decisions, decisions, decisions, what do I want? What am I even going to like there? Will I even fit in? These are questions all seniors have while deciding which college best fits their personality. For me making a decision was tough, it wasn't easy but I knew what I wanted in a college. That which school would be the best fit and that I wasn't just a number in a classroom. First asking yourself "Do you even like the school?" or "Do I see myself going here?" Those are basic questions but are important ones to always ask. Second was visiting the college. People say when they visit they have that "Oh my gosh this is the place!" That doesn't always happen to some kids. It may take 6 visits to decide on a college but if you know it's the one then there you go. It's stressful to pick a school that you are going to for either 2 years or even 4. Picking shouldn't be easy, there are so many options and places for students to go. Each student has that chance to figure out where to go but the biggest deadline for seniors is May 1st. The final deadline of choosing where to go for the upcoming years. Be patient, positive, resourceful, helpful, and have courage during your college decisions. Make the choice that best fits you!

STUDENTS APPLYING FOR COLLEGE CREDITS IN THE COLLEGE AND CAREER CENTER



ENTERTAINMENT

March Food: Fried Chicken

BY MAGDA WILHELM, JOSH HO, AND BLAKE VON DER LIPPE

When asked to think of staple, classic American foods, fried chicken definitely is at the top of the list. From its first appearance in American cookbooks in the 1830s, fried chicken jumped from continent to continent, becoming a global phenomenon with a variety of different regional adaptations. This month, our crew set out to three popular restaurants nearby to find finger lickin' good chicken.

CHECK OUT WHY PDQ CAME OUT ON TOP THIS MONTH!

VIDEO BY SAM SOBCHAK

PDQ:

First appearing in Florida in 2011 to opening locations nationwide, right from the start it's clear to see that Schaumburg's PDQ is popular. The restaurant was nearly full of families and groups of friends settling down for lunch, and for good reason. PDQ's chickens are always fresh—the chickens are never brought or kept frozen at the restaurant. To compliment the chicken, all the sauces and breading used are made at the joint fresh in the morning.

Although salads and sandwiches are within PDQ's area of expertise, PDQ takes the most pride in their chicken. Whether it traditional tenders or nuggets, PDQ finds a way to keep the classics first-rate, but also incorporates them into a variety of dishes with guaranteed quality. The queso crunch bowl, tochos, and some of their sandwiches incorporate their chicken, fried or grilled to perfection.

Whether it's for a quick lunch or to eat out with family or friends, PDQ's doors are open to anyone with a craving for chicken. With a family-friendly, welcoming atmosphere, PDQ is there to ensure you get the best chicken at the highest quality.

BONCHON:

Putting a little twist on our fried chicken search this month, we decided to experience a variation of traditional American chicken: Korean fried chicken. First opening in South Korea in 2002, Bonchon spread its roots internationally soon after, opening its first U.S. restaurant in 2006 and bringing its recipes for fried chicken along with it. Now, Bonchon has 88 restaurants serving the best Korean fried chicken it can offer nationwide.

Although Bonchon's fried chicken menu may be small, it certainly makes up for it in taste and quality. Having options from spicy, soy garlic, or half-and-half sauce, Bonchon harmoniously coats fresh drums, wings, and strips with just the right amount of sauce. Offering simple side dishes like cole slaw and pickled radish, Bonchon makes sure to highlight and compliment its flavors.

GATORS:

Gators is a good wing restaurant for anyone looking to have a Buffalo Wild Wings experience. The "Award Winning Wings" comes in orders of 10 and 20 wings ranging from mild to hot. I tried their BBQ wings and tasted their buffalo wings, which were decent. They were slightly overcooked, yet still maintained flavor. Although the atmosphere may be out of date, the wings make up for it with their cooked to perfection order. Their service is above average with polite and helpful waitresses. This mayAll and all, Gators would be a good place to eat out with your friends.

The Circle of Life – and Live Action

BY STEPHANIE TANGORRA AND ANGELICA VITIOGIANNIS

Revivals are prominent in every medium of entertainment. On television: Fuller House, Gilmore Girls: A Year In The Life, Roswell: New Mexico, MacGyver. In theaters: Star Wars, A Star is Born. The animated Disney movies that defined our childhoods are now in live action. Cinderella,

Beauty and the Beast, and The Jungle Book have already come out, and Dumbo, The Lion King, Aladdin, and Mulan are all slated for release in the near future.

The 2017 remake of Beauty and The Beast with Emma Watson is ranked 6th on the list of the highest grossing Disney movies of all time in the US, making \$5.2 billion. Not counting Marvel or Star Wars movies, it is the highest grossing Disney movie of all time, while the original 1991 animated version didn't even make the list. It was, however, the subject of over 25 years of fan appreciation, including toys, games, a tv show, a Broadway musical, and two direct-to-home sequels.

While the inner child inside many grown-ups is screaming in excitement, others question the purpose behind these new remakes, wondering if Disney's remakes are simply a gimmick for money and an attempt to

hide the fact that they are running out of new ideas.

Many students feel that Disney's upcoming live-action rendition of The Lion King is solely in production for the money it will bring in. "It's really a cash grab. Since they own the stories, people are going to see it. Because everyone knows the stories and likes them, it's a guarantee," senior Molly Mendez said.

"I don't like [the remakes]. The original is better. It's messing up my childhood. We had VCRs and tapes and that's what I grew up with," senior Brenna Radecki said. This new version of The Lion King will not be the same stylistically, but the plot will remain the same, making it simply a replication without a new meaning.

Even fans have their hesitation towards this new trend. "I honestly love Disney and think it's great they're recreating these movies, but I do think they need more ideas," sophomore Lydia Banty said.

On the other hand, true die-hard fans are planning to hit

the theaters for the new releases. "I honestly love these live action movies, I think it's a good idea to put a new spin or twist on the story. I feel like the new Dumbo movie and Aladdin look really interesting. I like the visual effects they are using from what I have seen in the trailers and I think it would be really cool to see if they add a certain twist or maybe add new characters. It will be interesting to see how Disney will take the beloved characters that we grew up with and re-imagine them in a more modern way," junior Stefania Nowak said.

Of fifteen confirmed Disney movies coming out over the next three years, four of them are live action.

MARK YOUR CALENDARS

DUMBO: 3/29/19
ALADDIN: 5/24/19
LION KING: 7/19/19
MULAN: 3/20/20

Author Inspires Page by Page

BY AMELIA ZOLLNER

It's not Jason Reynolds' first time around the block. Reynolds, a New York Times bestselling author who has published twelve books, paid a visit to Forest View Educational Center on Nov. 8 to speak to students and parents about his childhood, his writing career, and his future. (Among these discussions rested playful anecdotes about Queen Latifah, Lil Pump, and Kool-Aid.)

Reynolds realized he wanted to be an author when he was around sixteen, but he didn't read a novel cover to cover until he was seventeen. After he spoke about his unmotivation to read books assigned in school, it became apparent that he writes books that

he wished he had when he was young, books about things that he was familiar with instead of books he had no relation to.

"I write these books because I want to show the world that young people are complex. I want to show young people that their lives are valuable," Reynolds said.

Reynolds' most recent novel Long Way Down, which is in the process of receiving a movie adaptation created by Universal, is arguably his most successful. Spanning over 60 seconds, the novel tells the story of a boy seeking revenge for the death of his brother. And it's told in prose, which Reynolds credits to the way the human brain works.

"We don't think in complete sentences, especially a traumatized brain. We think in snapshots, things are coming fast, things are coming slow, but they only come in fragments," Reynolds said.

His previous books, all written for middle-grade and young adult readers, have seen success as well, gaining him readers across the country. He certainly didn't expect to become as famous as he is, and he says that he's currently writing another book and aims to experiment and himself with future stories. "My work will only be good if I am challenged by it... So you won on one book. The next book, you should risk losing it all. That's the only way that good art is ever made," Reynolds said.

Above all else, Reynolds stays true to his own experiences. After all, when he was in



JASON REYNOLDS (RIGHT) TALKING WITH SOPHOMORE AMELIA ZOLLNER (LEFT)



AUTHOR JASON REYNOLDS PRESENTING TO STUDENTS AT THE FOREST VIEW EDUCATIONAL CENTER

A Night at the Ballet

BY NATALIE WOZNY

As I sat in the audience of the Auditorium Theater amongst 3,000 individuals, I couldn't help but stay frozen in awe. All 3,000 of those individuals sat in their seats mesmerized alongside me. That's the beautiful thing about live performance: everyone in the audience is on a journey together in a way. It's one of the few things that can leave so many individuals short of words.

On Feb. 17, I went to see the world premiere of Anna Karenina, the Joffrey's most recent ballet. It was absolutely breathtaking. Dancers, with the help of musicians and lights, are able to tell complex stories with movement. No gesture is unplanned; everything has a purpose. Not only are the ballerinas dancing, they are acting as well. So much is said by their body language, particularly in a story like Anna Karenina.

Anna Karenina was originally a novel by Leo Tolstoy, published in

1877. It was made into a movie starring Keira Knightley in 2012. The story takes place in Russia and follows Anna, a young woman in a marriage without love, who ends up having an affair, resulting in her life falling apart.

I appreciated the performance to such an extent partially because I used to dance myself and have an idea of how much hard work goes into putting a ballet like this together. In the world of ballet, everything must be perfect and seem effortless,

even when the dancers are exhausted. The ballerinas, especially leads like Nicole Ciapponi, made it seem easy, although I can assure you it is anything but. "Performing this ballet was an absolute delight. I have a few ballets where I have felt this feeling of pure pleasure and enjoyment, completely stress free," Ciapponi said.

The dancing itself made the story come to life, but technology helped enhance it. The set was very minimalistic and there

seemed to be a big projector screen in front of the stage where images would be displayed. The screen was partially transparent so the images and the dancers blended together and were both visible.

"I thought the ballet was super pretty, it showed that there's other forms of communication besides words," states freshman Becca Featherstone, who saw the ballet. "It's important for others to recognize the beauty and power of the arts".

I encourage readers to go out and see the ballet, even if they believe live performances aren't their thing. You can't get that feeling of anticipation when the orchestra starts tuning anywhere else. "I would 100% encourage anyone and everyone to see this ballet. It is a masterpiece." Ciapponi said.

Next time, instead of staying in and binge watching episodes of your favorite show, try something new and see the ballet.



BALLERINA NICOLE CIAPPONI PLAYING THE ROLE OF COUNTESS NORDSTON, BETSY TVERSKAYA DURING A PERFORMANCE OF ANNA KARENINA

COURTESY OF CHERYL MANN

FINE ARTS

Show Choir Impresses at Chicagoland Showcase

BY AMELIA ZOLLNER & ANGELICA VITIOGIANNIS

On March 1 and 2, show choirs from around the Midwest gathered in the main gym for the 26th annual Chicagoland Showcase, which Hersey has hosted since 1993. Both of Hersey's show choirs, OnStage and Ladies First, gave energetic performances to the packed gym on March 2.

OnStage's performance, called Past Lives, focused on the classic Shakespearean story of Romeo and Juliet and featured a mashup of songs new and old, including "Past Lives," "Can You Do This," "Runaway With Me," "Check Yes Juliet," "No Tears Left To Cry," "Runaway Baby," "Forbidden," "Rewrite The Story," and "Light Up The Sky." "The show is about learning from your past and looking to your future with open arms," junior Anna Gorrill said.

Past Lives featured junior Megan Derbick and senior Josh Min as Romeo and Juliet, and Gorrill as the narrator. For the performance, members of OnStage donned traditional renaissance costumes to invoke a historical feel, but eventually changed out into flashier costumes to put a modern twist on the story. "I felt really good about our performance this year. I think every single person up on that stage is giving it their 100% the entire show," Gorrill said.

A few hours after OnStage wrapped up their performance, Ladies First took the stage. This year's Ladies First show was entitled Beautiful Creatures and combined the movies Heathers, Clueless, and Mean Girls. The overall theme was about building people up instead of tearing them down, which was communicated through the songs "Beautiful

Creatures," "Good Time Good Life," "Selfie," "Confident," "I Did Something Bad," "Wildhearts," "Instigators," and "Wham Bam".

This year's show was particularly important to many show choir members, as it dealt with a theme that many members have personal ties to. "It means a lot to me, it fulfills me in a very specific way and there's really nothing like it," freshman and Ladies First member Rebecca Featherstone said.

Between both show choirs, Chicagoland Showcase has definitely been a meaningful part of many show choir members' lives. "Showcase is different from other competitions in that we are hosting instead of competing. We get to meet our show choir groups and bond with them throughout the day. I will say that Showcase performances have been and probably always will be my favorite," Gorrill said.



ONSTAGE SOLOISTS MEGAN DERBICK AND JOSH MIN WRAP UP ONSTAGE'S PERFORMANCE OF "LIGHT UP THE SKY"



MEMBERS OF ONSTAGE PERFORM "REWRITE THE STORY" AS PART OF PAST LIVES



MEMBERS OF LADIES FIRST ENTHUSIASTICALLY PERFORM BEAUTIFUL CREATURES



SOLOISTS FROM LADIES FIRST TAKE THE STAGE DRESSED AS CHARACTERS FROM HEATHERS

PHOTOS BY AMELIA ZOLLNER

PHOTOS BY ANNEKLE BOJAR

FEATURED PERFORMING ARTIST OF THE MONTH: OLIVIA CANO

BY NATALIE WOZNY
CONTRIBUTIONS BY JAN BAUTISTA

Senior Olivia Cano has loved to perform ever since she was born. Performing has always been an important part of her life, as she loves being able to tell stories through various forms of performance. "Unlike anything else, performance lets you connect with your audience and you leave someone with an impact," Cano said.

Cano is a part of two acapella groups, OnStage, Speech, Chamber Singers, and participates in theatre activities year round. Many of these groups are serious commitments. Not only does Cano participate in these activities, she is also a leader, as she has taken on the positions of choir president and dance captain.

Some of the highlights from her high school theatre career include *A Piece of My Heart* and *Pippin*. In *A Piece of My Heart*, which took place Cano's junior year, she played a Vietnam war nurse. She described this as the most moving show she has ever been a part of, while *Pippin* is her overall favorite musical to be a part of and to watch.

Something new for Cano this year was Poetry Out Loud, which she won. "That was crazy. It challenged me to do something different," Cano said.

Her love for the arts and talent are clearly visible to those around her. Senior Lexi Litardo is a longtime friend of Cano's and has been watching her perform for many years. "When she performs you can tell she is putting everything she can into it, you can tell she is having so much fun" Litardo says.

One of Cano's directors, Kyle Marquette, has worked with and watched Cano grow for all four years of high school. Marquette described her as "a passionate, excitable, and dedicated young woman who is willing to do whatever anyone needs in order to improve herself and those around her."

Throughout her high school career, performing has taught her many things from accepting others to having confidence in herself. Cano hopes to continue performing past high school. "It's such an important part of my life and makes me who I am," Cano said.

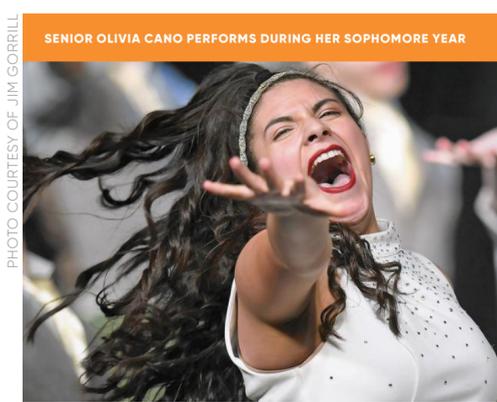


PHOTO COURTESY OF JIM GORRILL

SENIOR OLIVIA CANO PERFORMS DURING HER SOPHOMORE YEAR

LEARN MORE ABOUT PERFORMER OLIVIA CANO HERE
VIDEO BY JAN BAUTISTA

FEATURED AUTHOR OF THE MONTH: OLIVIA BELL

BY AMELIA ZOLLNER

For most high school students, writing poetry is simply a daunting, tedious task they're faced with once or twice throughout high school. But to junior Olivia Bell, who dove into writing poetry after taking Creative Writing her freshman year, poetry is one of the most important parts of her life. Bell self-published *What Makes Honey Dark*, a collection of original poetry, last August.

Bell has shown a natural talent for poetry her entire life, but only began to tap into it during her freshman year. "Olivia is one of

the most accomplished students I've ever taught. Her ability to dive deep into literature and into writers is so maturely advanced," English teacher Rich Clark said.

Ever since Bell took Creative Writing, poetry has been a part of her daily life and has served as a creative outlet for her. "When I'm writing poetry, I feel a sense of relief. It's a really good way to have a sense of catharsis and it's something that allows me to express myself," Bell said.

Bell works by writing poems in fragments, using the Notes app on her phone to jot down ideas whenever they come to

mind. From there, she combines these ideas and turns them into poems. Because of this process, Bell has had countless poems in store, which inspired her to compile her poems into *What Makes Honey Dark*. "I had always had stuff floating around, but I had never compiled anything. I thought it would be kind of cool to put something together and have something that could be read as one entity," Bell stated.

What Makes Honey Dark focuses on Greco-Roman imagery and other historical themes. Students and teachers alike have shared their appreciation for Bell's poetry since the collection was published. "I've reread it a number of times, I think Olivia is probably sick of me telling her how much I love her writing," Clark said.

Clark also noted that Bell's publishing of her poetry collection has inspired other students to become more involved in writing poetry. "There are other students who saw Olivia go through that process and thought to themselves, 'Hey, why don't I do that too?'" Clark said.

Bell's friend, junior Patryk Szczepaniak, was inspired by

Bell's publishing of her poetry collection and decided to publish his own. "She's a real inspiration for me in terms of a writing role model," Szczepaniak said.

Between *What Makes Honey Dark* and the Free Run Press, Bell has already accomplished more than plenty of poets do. She's not done yet, though, as she plans to continue writing poetry past high school. "I'm really excited to continue with the Free Run Press and I hope in that college I can do something similar and possibly go into something with creative writing," Bell said.

For students who want to write poetry but don't know where to start, Bell encourages them to be confident with their work. "Just write whatever feels authentic to you and try not to let others' opinions affect how you write," Bell encouraged.

FIND OUT WHAT AUTHOR OLIVIA BELL IS UP TO HERE
VIDEO BY ALEXIS SANTIAGO



PHOTO BY JAN BAUTISTA

BELL'S SELF-PUBLISHED BOOK, *WHAT MAKES HONEY DARK*, IS AVAILABLE FOR PURCHASE ON AMAZON IN BOTH PAPERBACK AND E-BOOK

IN DEPTH

MARCH

is National Brain Injury Awareness month

BY MARIE BECHTOLDT
AND TEDDY ZHAKLINOVA

March symbolizes national brain injury awareness month. According to the brain injury association of America, the theme for the 2018-2020 campaign is #changeyourmind.

This platform is used to educate and spread awareness about types of brain injuries and give information about treatment and diagnosing these traumas.

The goal of educating more people on all areas of brain injuries hopes to take strides toward de-stigmatization of brain injuries.

Conversations surrounding preventing, noticing, diagnosing, and treating brain injuries is especially crucial among children and teens involved in physical activity, due to high rates of concussions and traumas in this age group.

Programs like the Concussion Legacy Foundation have been created to study donated brains of athletes. They have found that severe concussions and history of repetitive brain trauma could lead to Chronic Traumatic Encephalopathy (CTE).

CTE is a progressive neurodegenerative disease and can not be diagnosed in a living person, but symptoms could be seen in people as young as 17 years old.

Hersey alumni and Harvard graduate Chris Nowinski created The Concussion Legacy Foundation. "In 2008, we partnered with Boston University and the VA Boston Healthcare System to start the world's first brain bank focused on CTE," Nowinski said.

The foundation's mission is to study CTE brains and gain knowledge about the effects of brain injuries. "As the outreach and recruiting partner, we have created a system that has yielded 700 donat-

ed brains from athletes and veterans, resulting in nearly 100 research papers that have revolutionized our understanding of the effects of brain trauma," Nowinski said.

According to the Brain Injury Association, a large proportion of brain injuries occur in children and teens involved in athletics. Many athletes return to play too soon and fail to recognize signs and symptoms of concussions.

"It's not that coaches or parents were bad people, it's that they didn't have a deeper understanding of what was going on," said Track and Field Coach Jim Miks.

"I thought I was alright to go back in to the game," Jenna Hill said. Hill experienced strong symptoms the following day.



and the last one that goes away," said Head Athletic Trainer Enrique Bacon. "I got a concussion from head to head contact during soccer. I went to the doctor a week after having symptoms of headaches, dizziness, and short attention span," junior McKenna Kopeny said.

Bacon explained that the most common symptoms are sensitivity to light, sensitivity to noise, feeling out of focus, difficulty concentrating, and having a hard time processing information.

Symptoms normally start right after the hit and could last up to two weeks. "75-85% of concussions typically resolve in 7-10 days and the rest of them are within that 14 day process," said Bacon. If the symptoms don't end within that period, a neurological doctor should get involved.

Every patient has a different story and the trauma has different effects on the body. Some recover fairly quickly and some could have lifelong effects.

"Don't give up, and keep being an active patient open to trying new therapies. Doctors don't always know what treatment will help your symptoms until they try it," said Nowinski.

Because every case is different, there isn't a specific treatment that can help every patient. Treatment is individual to the brain trauma and the effects it had on the person.

"When I was a Hersey athlete we were very lucky to have two athletic trainers, Hal Hilmer and Tracy Bogard, who were both ahead of their time. Mr. Hilmer gave us a speech about Kurt Thyreen, a former Hersey football player who had died of second-impact syndrome after an undiagnosed concussion, and urged us to report concussions," said Nowinski.

The national brain injury association along with many other organizations are pushing toward more research and better understanding of brain injuries in hopes to prevent them and long term effects.

How many Hersey students have had a concussion?

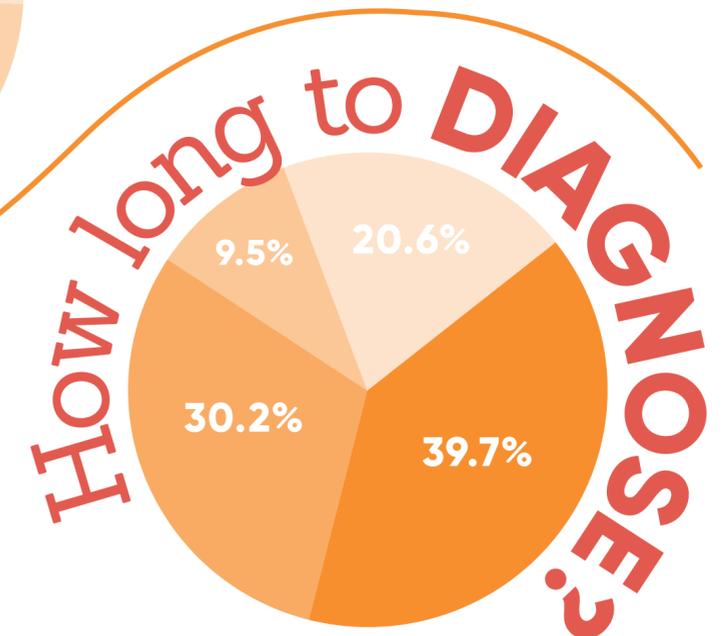
NO 64.5%

UNSURE 11.3%

YES 24.2%



● That day ● 1 week
● 2 weeks ● 3+ weeks



LOCAL

Arlington Heights Village Board Election

BY JOSH HO

As the city of Arlington Heights prepares for renovations of its downtown area, at least two new figures will help guide the city. Last December it was announced that two incumbent members of the Arlington Heights village board would not be running for the position again; half of the eight seats on the Board are filled via elections every two years, with each member serving a four-year term. Michael Sidor, the owner of a language translation company, decided to step down after serving two terms. Carol Blackwood, a senior vice president at Village Bank and Trust, also decided to step down after serving two terms.

On April 2nd, Arlington Heights residents will have the opportunity to vote for the four open seats on the Arlington Heights village board. The race has come down to five candidates: incumbents Robin LaBedz and John Scaletta, and newcomers Mary Beth Canty,

Laurie Taylor, and Tom Schwingbeck.

Robin LaBedz, who has served on the board for almost six years, has voiced her plans to help lower taxes for Arlington Heights residents. She also wants to aid improvements to the village's stormwater management program.

John Scaletta, a vice president at F&F Management who has served on the board for three terms, has been an influential member of the village's business, art, and philanthropy communities. He has expressed a desire to use his management background to continue to aid the village through its various projects.

Mary Beth Canty, a member of the League of Women Voters, has said that she wants to join the board to provide a new perspective on various issues. As a biracial working mother, Canty would add diversity to the board.

Laurie Taylor, president of the Northgate Homeowners Association, has expressed a

willingness to improve communication in the village. During her time at the Northgate Homeowners Association, Taylor communicated with many aspects of the village, such as the police and fire departments. Taylor intends to use this background to better represent the needs of the village.

Tom Schwingbeck, President of RNM & Associates and a member of the Arlington Heights zoning board, has years of experience in the civic sphere. Schwingbeck's time on the zoning board has given him intricate knowledge on the workings of the village, resulting in a less steep learning curve if he were to be elected.

All five candidates are qualified to serve on the Arlington Heights village board, and all are eager to serve the community with their different backgrounds and skills. As the April 2nd election approaches, the situation will be interesting to monitor.

HEADSHOTS OF LORI LIGHTFOOT (TOP) AND TONI PRECKWINKLE (BOTTOM)



STATE

Showdown: Lightfoot v. Preckwinkle

BY CARTER ZAGORSKI

THE PRIZE? ONLY MAYORSHIP OF THE CITY OF CHICAGO

Preckwinkle against former Chicago Police Board President Lori Lightfoot, either possible result will be historically significant; the City will elect its first African-American woman as its leader, and if Lightfoot wins, its first openly gay mayor as well.

With slightly more than 35% of Chicagoans participating in the Feb. 26 election - a decline in voter turnout - Lightfoot and Preckwinkle advanced winning 17.5% and 16% shares, respectively. Rounding out the top five: former White House Chief of Staff Bill Daley (14.8%), businessman Willie Wilson (10.6%), and Illinois Comptroller Susana Mendoza (9.1%), all of whom were eliminated due to not finishing in either of the top two positions.

In a time when Preckwinkle's support began to decline - the Chicago Tribune endorsed her opponent on Friday, and a public opinion poll conducted earlier this month by the independent group Stand for Children Illinois found Lightfoot's support nearly double that of Preckwinkle's (58% to 30%) - Lightfoot's sexual orientation has now become a focal point of electioneering: homophobic campaign flyers arose in the South Side of Chicago last weekend, distastefully reading "The Feminist and Gay Movement Have Come Full Circle!" and "With our people in City Hall, I promise to enforce the Gay Equality Act. All churches will

abide by the gay marriage laws. All public restrooms will be gender free. All public schools will teach Gay History by mandate. School restrooms must be DE-SEGREGATED."

Preckwinkle denounced the flyers earlier this week, calling them "disgraceful" and saying that she "[had] no idea where [they] came from," while Lightfoot's supporters were hesitant to concede Preckwinkle's lack of a role in the anti-LGBTQ paraphernalia. Earlier in the campaign, Preckwinkle had answered a question in a debate in which she said she admired Lightfoot's transparency about her sexuality; Lightfoot questioned whether it was strategically said to attract conservative voters, saying, "Well, look, coming in the context of a clear strategy to be as negative against me as possible, I can only hope she wasn't blowing some kind of dog whistle," according to the Chicago Tribune.

As we approach the final weeks of campaigning, it'll be important to monitor potentially ramped-up production of negative advertisements and politicking, as well as any changes in endorsements due to the apparent rise in popularity of Lightfoot. "Hate has no place in Chicago," Lightfoot declared earlier this week, and here's to hoping it doesn't have a place in the City's public political arena throughout the rest of the month as well.

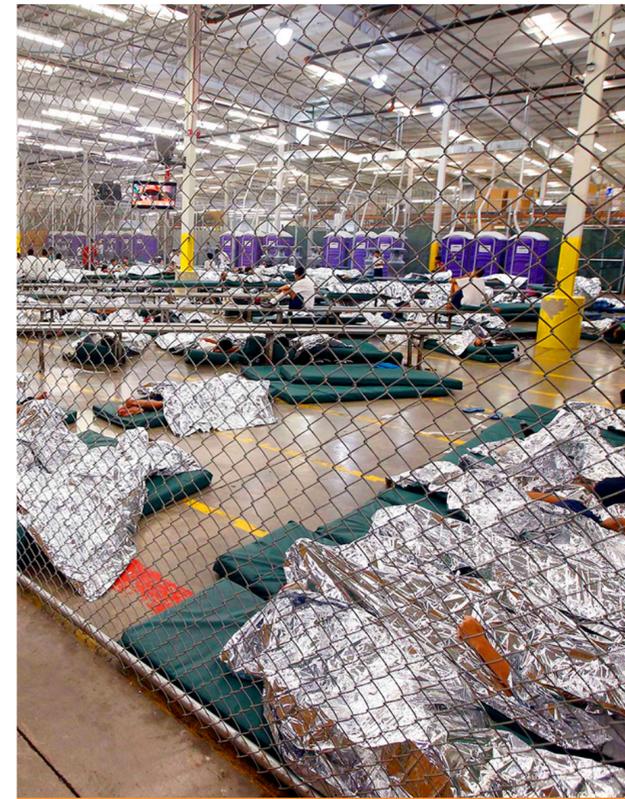
No Shutdown, New Border Protocols

NATIONAL

BY MATT BEDNAR

On February 15, Congress passed a bill to fund the government. This bill prevented another government shutdown that was estimated to be longer than the last. This bill passed the house earlier in the week and moved to the Senate. The Senate voted 84-15 on the bill to fund 25% of the government for majority of the year. The 15 nays were split between Republicans and Democrats. The bill went to the President, who encountered mixed feelings between his advisors and other politicians, as 109 Republicans in the house voted against it. But during the government shutdown, the Democratic leaders were against funding the wall, so with the bill's inclusion of \$1.4 billion for the wall, President Trump signed it into law. However, he didn't think that amount was enough, as soon after he declared a national emergency which would fund the project with an additional \$6.4 billion,

totaling over \$8 billion. According to USA Today, \$3.6 billion of which will be directed from military construction, \$600 million from asset forfeiture, and \$2.5 billion from the Department of Defense. The bill also included more changes to immigration protocols. "The bill provides funding for 800 new Customs and Border Protection officers, increasing the total budget of U.S. Customs and Border Protection and Immigration and Customs Enforcement (ICE) by nearly \$1.5 billion," according to ABC News. ICE is now limited on holding capacity at their facilities and the facilities can be inspected by Congress. Additionally, the new legislation also mandates that ICE can no longer target immigrants that hold children who crossed the border without their parents. ICE states that the reason they used that method is to deter people from sending their kids across the deadly Southern Border. Overall, Congress came to an agreement that satisfies most of both parties. Both sides had to compromise in creating the bill, but our government will not shut down again.



INSIDE OF AN I.C.E. HOLDING WAREHOUSE, DETAINED ILLEGAL IMMIGRANTS SLEEP ON COTS COVERED IN TIN FOIL TO KEEP WARM

WORLD

Kicking it at the White House

Trump, Bolsonaro exchange pleasantries, soccer jerseys in the newest Brazilian President's first foreign trip

BY CARTER ZAGORSKI

In a meeting between President Trump and perhaps his newest close ally, President Jair Bolsonaro of Brazil, the man deemed the "Trump of the Tropics" finally got to meet the inspiration for his own successful right-wing campaign.

Praising the host country of his first foreign trip as President, Bolsonaro spoke highly of President Trump and the two years the American leader has spent in office. "I've always admired the U.S.A. and this sense of admiration has only increased since you took office," he said to Trump while the pair spoke to the media in a joint press conference.

"We want to have a great Brazil just like Trump wants to have a great America," he added, notably utilizing the successful mantra of "Make America Great Again," Trump's successful 2016 campaign slogan. Yet Bolsonaro didn't win his presidency simply on a catchy slogan; his stance in opposition to recent democratic Brazilian governments

in favor of celebrating the former U.S.-led military government, which operated until 1985, as well as his position against further strengthening regional ties in favor of boosting the Brazil-U.S. relationship proved to be the result of a Brazilian movement away from the prior leftist government.

Their close relationship was further exhib-



PRESIDENT TRUMP AND PRESIDENT JAIR BOLSONARO OF BRAZIL AT THE WHITE HOUSE FOR A JOINT PRESS CONFERENCE IN THE ROSE GARDEN, EXCHANGING SOCCER JERSEYS FROM NATIONAL TEAMS

PHOTO COURTESY OF FLICKR

ited by numerous early agreements, both in substantive policy as well as in sentiment. On top of an early agriculture trade deal featuring bolstered American wheat and pork exports and an added focus on reigniting Brazilian beef imports to the U.S., the two leaders also decried socialism and their progress in Venezuela, discussed Brazil's exclusion from the North Atlantic Treaty Organization (NATO) and the possibility of future membership, and conversed about the possibility for Brazil to join the Organisation for Economic Cooperation and Development (OECD).

According to Ibope, a Brazilian polling firm, Bolsonaro's favorability numbers have been in a state of free fall; only 34 percent of those surveyed believed his government was doing a "great/good" job, a 15 percent decline compared to his 49% rating in mid-January. Wealthier Brazilians were more likely to view his progress favorably, while poorer individuals rated Bolsonaro lower.

SPORTS

Pick Your Madness

BY TREY SCHMIDT AND MICHAEL SOMARY

With the first weekend of the 2019 NCAA Tournament already over, millions of brackets have already been busted, so we're here to give you a guide for making picks for future seasons.

First off, students need to be informed with the statistics. Teams with 10, 11, and 12 seeds win their first round games more than you might think. 10 seeds win their first round game 38.2% of the time, 11 seeds 36.8%, and 12 seeds 34.6%. This means that out of the four 10 vs 7, 11 vs 6, and 12 vs 5 first round matchups each year, at least one of the 10 seeds, 11 seeds, and 12 seeds will win their first round game. Looking at the statistics for each seed for each round will help students gain an understanding of the nature of the bracket.

Each year there are early matchups and matchups way down the road that are hard to decide. Deciding between a 1 seed or 8 or 9 seed is more simple to choose than a 4 vs 5 seeded game. This year was especially hard because aside from the top seven or eight teams,

it was a pretty balanced field with teams being able to defend and score efficiently.

Students should choose wisely with their picks or they will have a busted bracket. Choose a few statistics or categories that seem most appealing and judge teams based on those specific categories. For example, many analysts look at key wins or bad losses.

Choosing the top team doesn't always mean they will go through. Take a look back to last year when #16 seed UMBC upset #1 seed Virginia in the first round. Upsets happen all the time and being able to choose the right team will help students brackets during this long exciting March.

When it comes down to it, March Madness involves a lot of luck as crazy things happen each year, but if students are informed about the tournament they will have a slight advantage over brackets that were made by non-informed students.

The New Hot Football League: The AAF

BY MAX HANSON

The Alliance of American Football (AAF) league kicked off at the beginning of this year putting quite a twist on professional football. With only eight different teams around the country, they kick off once the NFL wraps up their season, keeping the football season in full pace. These eight Alliance franchises consist of: Arizona Hotshots, Salt Lake Stallions, San Antonio Commanders, San Diego Fleet, Atlanta Legends, Birmingham Iron, Memphis Express, and the Orlando Apollos.

The AAF, at the beginning of this year, started a random draft in which the teams drafted players to start for the beginning of the season. These teams also signed headline players to attract a bigger fan base towards this lower level league. The most well known players in the league: Trent Richardson of the Birmingham Iron (RB), Christian Hackenberg of the Memphis Express (Q),

Brad Wing of the Memphis Express (P), and Aaron Murray of the Atlanta Legends (QB) are headlining for these teams to bring popularity to this newly formed league.

The Alliance was created to give cities that don't have opportunities to watch professional football live and to give players that don't have a chance to play in the NFL another way to keep their career afloat. All eight of these teams play at old NFL stadiums or stadiums that are built for multi-purpose sports.

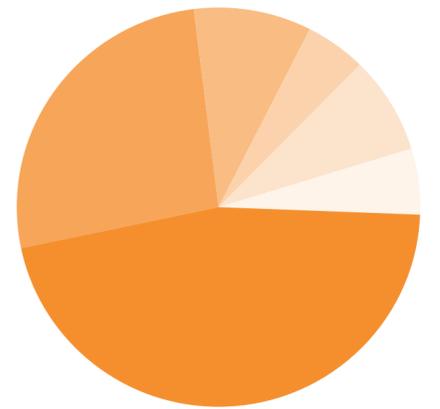
However, the AAF is already facing some conflict with money. Teams are paying thousands to play at these big stadiums, charging NFL prices for not only tickets but parking and food. With only a scarce fan base showing up to each game the AAF is blowing through millions of dollars and the players have missed out on some checks.

According to USA Today, billionaire and Carolina Hurricanes chairman Tom Dundon "...laid down \$250 million to become the league's chairman amid reports it was already in danger of running out of money after just two weeks of play." Heading into Week 6 out of 10 the AAF is holding on by a short thread and, unfortunately, it could be their first and last year.

HERSEY'S STATS

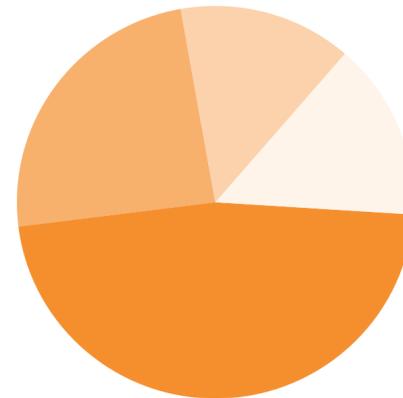
Which conference will have the most teams in the final four?

- ACC
- Big 12
- Big Ten
- Pac-12
- SEC
- Other



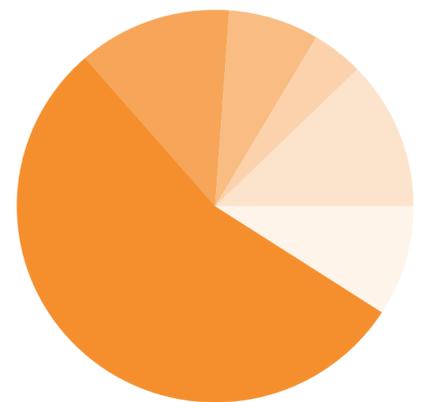
What region will the winner come out of?

- East
- South
- West
- Midwest



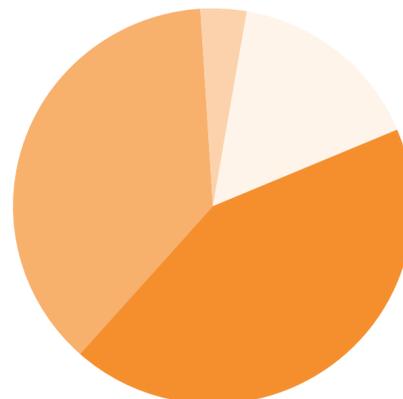
Which team will win it all?

- Duke
- Virginia
- N. Carolina
- Gonzaga
- Michigan State
- Other



Which number 1 seed will be eliminated first?

- Gonzaga
- Duke
- Virginia
- N. Carolina



ATHLETES OF THE MONTH

Laura Burckhardt

BY TREY SCHMIDT



Senior Laura Burckhardt is starting this spring for the Huskies on the right note. The center midfielder is playing with a young team mixed with sophomores, juniors and a couple of seniors. Burckhardt scored in the first game of the year and led the Huskies to their first win over Carmel with a score of 3-2. Later on Burckhardt scored again against Lake Park and the Huskies won again 3-0. The midfielder is looking forward to the spring season and has definitely been impressive. "I want to help the team out this year, we have a young team and we want to win this year" Burckhardt said early on. The Huskies are looking to win the MSL East this year after having a four way tie with Buffalo Grove, Elk Grove, and Prospect. Burckhardt is trying to lead the Huskies to a MSL title after last years crazy draw.

Will Stefaniak

BY MICHAEL SOMARY



Senior Will Stefaniak is looking to close out his final year of high school gymnastics well. Stefaniak joined gymnastics freshman year and fell in love with the sport right away. Stefaniak is an AA gymnast which means he competes in all the events. However, Stefaniak enjoys the team aspect as much as he enjoys the sport. "Everyone is really close at all levels and not just as separate teams like Freshman and JV and Varsity but all as one team." Stefaniak is highly motivated to make it to state this year as last year he missed it by a very small .05 points, and as one can imagine, he is doing everything in his power to make sure that does not happen again. With the team behind him and the motivation from last year, Stefaniak looks to close out his gymnastics career strongly.

LEARN MORE ABOUT HER

VIDEO BY HANNAH GRAWE

LEARN MORE ABOUT HIM

VIDEO BY BLAKE VON DER LIPPE

SPORTS

PHOTO BY MARTEL WHEELER

HERSEY VARSITY GYMNASTICS TEAM CELEBRATE AND FLEX THE TEAM'S FIRST VICTORY AS THEY RECEIVE 1ST PLACE



TIM NUGENT GETS READY TO RECIEVE A SERVE FROM LIBERTYVILLE IN THEIR FIRST HOME GAME



PHOTO BY MARTEL WHEELER

THE BOYS' VOLLEYBALL TEAM GETS READY TO START THE SEASON WITH A WIN OVER LIBERTYVILLE



PHOTO BY MARTEL WHEELER

THE GIRLS SOCCER TEAM GETS READY TO TAKE ON LAKE PARK WITH THEIR SHOUTOUT WIN 3-0



PHOTO BY MARTEL WHEELER

DREW ZAGORSKI AND BRENT GURVIS BLOCK A HIT FROM THE WILDCATS

VARSITY GYMNAST WILL STEFANIAK SAVORS THE TASTE OF VICTORY WITH HIS TEAM AS THEY RECEIVE 1ST PLACE IN THE 2019 PAT KIVLOV

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